**How to Choose a Study**

Endow’s Curriculum Pathway

Greetings, Endow family! Are you wondering how to choose your first or next study? Please visit our [curriculum pathway page](https://www.endowgroups.org/curriculum-pathway/) to aid you in your discernment! All our studies are one or more of these categories:

*The Genius of Women*

*Philosophy & Theology*

*The Female Saints & Doctors of the Church*

*Writings of John Paul II*

*On Love & Relationships*

*On Prayer & Healing*

*On History & The Church*

Suggested pathways by members of the Endow Team

*Laura, Director of Content:*

1. Letter to Women
2. Setting the World Ablaze | St. Catherine of Siena
3. Humanae Vitae (Of Human Life)
4. Seeker of Truth | Edith Stein
5. Salvifici Doloris (On the Christian Meaning of Suffering)

*Annette, Chief Executive Officer:*

1. Salvifici Doloris (On the Christian Meaning of Suffering)
2. Catholic Social Teaching
3. Seeker of Truth | Edith Stein
4. Teacher of Prayer | St. Teresa of Avila
5. Mulieris Dignitatem (On the Dignity of Women)

*Simone, Director of Program Growth:*

1. Seeker of Truth | Edith Stein
2. Deus Caritas Est (God is Love)
3. Humanae Vitae (Of Human Life)
4. Aquinas for Beginners Part I & Aquinas for Beginners Part II
5. Discovering the Doctors | St. Hildegard of Bingen

Bestsellers:

1. Letter to Women
2. Rosarium Virginis Mariae
3. Seeker of Truth | Edith Stein
4. Salvifici Doloris (On the Christian Meaning of Suffering)
5. Teacher of Prayer | St. Teresa of Avila

Blessings on your discernment! We strongly encourage you to follow your intellectual and spiritual desires and trust they are planted there by the Holy Spirit! If you’d like to get a deeper sense of what the studies are like, please download a [free copy of Chapter 1](https://endow-groups.myshopify.com/search?type=product&q=free) of any one of our studies.

Blessings,

The Endow Team