



# Your Summer Endow Group for Middle School and High School

## how to get started:

### The Endow Proposal:

- "The Truth will set you free." - John 8:32
- Create space for discussion.
- Learn to ask good questions.

### The Endow Mindset:

- [Podcast Starter Kit](#) + [Risk of Education Podcast](#)
- Order a [FREE leadership guide](#) – code FUTUREHOSTCOMP
- Mark your calendar - Come to [monthly study series](#) on *Mulieris Dignitatem* - June 15th.
- [View Training Video](#) + [Starting a Group Video](#)

"If you are on the fence about starting a group, just do it. There is no better time!" from Endow Host Amanda

### Inviting, Scheduling, Organizing:

- Set up the Dates - [Editable table for coordinating dates!](#)
- Download and [review free sample chapter](#).
- Email [templates](#) to invite!
- Review [study planning pages](#).
- Where to start? [Middle School Book 1 or High School Book 1](#)
- [Order your materials!](#) Either order for your group or have each member go to the shop and select the study guide. Give shipping one week.

# Worksheet for how to get started this summer:

1) Pray. You are equipped for this. Come Holy Spirit. Enlighten our minds and strengthen our wills. Enflame our hearts with love.

Your vision for the group:

2) Who would you invite to this study series? What other moms, adults would help you coordinate or co-host? What about the dads and parish priests? What girls would you want to invite? Who is on your mind?

Support people	Girls to invite
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Dates: What days work best for you? Where would you want to host this group?

Top three days/times (e.g. 12-2pm for 4 Saturdays in June)

1.

2.

3.

Send a text / email to gauge interest and availability and share your vision. See sample emails. Let women know they can look up our materials at our site.

Text example: Hello! Susan here! I want to start a girls group this summer with Endow for our daughters! I can lead it at my house and it has no homework required. The group will read aloud from the Endow study guide, discuss important topics of our Faith and have time for fun. I am thinking about doing pool time after meeting. There will be a total of 6 meetings. What days and times works for you guys? I am looking at Fridays 12-2pm right now. Check out the [Endow materials here](#) and let me know.

Decide date and time and let your group know! Place orders for books at least one week before first meeting. Each girl gets her own book.

Our group is meeting on \_\_\_\_\_@\_\_\_\_\_.

#### First meeting tips

- Icebreakers
- Vision/personal witness
- Social time
- End on time

#### Continuing Your Formation

- Sacraments
- Prayer
- Education

#### Stay in Touch with Endow

- Email us [info@endowgroups.org](mailto:info@endowgroups.org) with Subject "Youth Study Update!" and fill us in! How is it going? Send us pics and questions! What has been the best part? The hardest part?
- Come to our host events! Host a local Endow event!