

2022 Advent Podcast Study Series Reading Guide

John Paul II's [Mother of the Redeemer](#) (Redemptoris Mater)



REDEMPTORIS
MATER

*Study Guide to
John Paul II's Encyclical
– Mother of the Redeemer*

Endow

Podcast Release & Reading Schedule Overview

Week 1 The Introduction (Paragraphs 1-6)

First Sunday of Advent—November 27

Meditation: Listen to [The Endow Podcast](#)

Podcast release day. No reading today.

Monday, November 28

Meditation: Read Par. 1 from the [document](#)

Tuesday, November 29

Meditation: Read Par. 2 from the [document](#)

Wednesday, November 30

Meditation: Read Par. 3 from the [document](#)

Thursday, December 1

Meditation: Read Par. 4 from the [document](#)

Friday, December 2

Meditation: Read Par. 5 from the [document](#)

Saturday, December 3

Meditation: Read Par. 6 from the [document](#) & **Journal**

Reflection Question: *History and life are a “story of souls.” How can you live more deeply the spiritual dimension of your everyday life as a history of salvation, and not only as a chronological phenomenon?*

Week 2 Mary in the Mystery of Christ (Paragraphs 7-24)

Second Sunday of Advent—December 4

Meditation: Listen to [The Endow Podcast](#)

The Introduction (Par. 1-6)

Podcast release day. No reading today.

Monday, December 5

Meditation: Read Par. 7-9 from the [document](#)

Tuesday, December 6

Meditation: Read Par. 10-12 from the [document](#)

Wednesday, December 7

Meditation: Read Par. 13-15 from the [document](#)

Thursday, December 8

Meditation: Read Par. 16-18 from the [document](#)

Friday, December 9

Meditation: Read Par. 19-21 from the [document](#)

Saturday, December 10

Meditation: Read Par. 22-24 from the [document](#) & **Journal**

Reflection Question: *What does Mary, “full of grace,” mean for you as a woman?*

Week 3 The Mother of God at the Center of the Pilgrim Church (Paragraphs 25-37)

Third Sunday of Advent—December 11

Meditation: Listen to [The Endow Podcast](#)

Podcast release day. No reading today.

Monday, December 12

Meditation: Read Par. 25-26 from the [document](#)

Tuesday, December 13

Meditation: Read Par. 27-28 from the [document](#)

Wednesday, December 14

Meditation: Read Par. 29-30 from the [document](#)

Thursday, December 15

Meditation: Read Par. 31-32 from the [document](#)

Friday, December 16

Meditation: Read Par. 33-34 from the [document](#)

Saturday, December 17

Meditation: Read Par. 35-37 from the [document](#) & **Journal**

Reflection Question: *Does Mary's pilgrimage of faith help you in your own personal pilgrimage of faith?*

Week 4 Maternal Mediation & Conclusion (Paragraphs 38-52)

Fourth Sunday of Advent—December 18

Meditation: Listen to [The Endow Podcast](#)

Podcast release day. No reading today.

Monday, December 19

Meditation: Read Par. 38-39 from the [document](#)

Tuesday, December 20

Meditation: Read Par. 40-41 from the [document](#)

Wednesday, December 21

Meditation: Read Par. 42-44 from the [document](#)

Thursday, December 22

Meditation: Read Par. 45-47 from the [document](#)

Friday, December 23

Meditation: Read Par. 48-50 from the [document](#)

Saturday, December 24

Meditation: Read Par. 51-52 from the [document](#) & **Journal**

Reflection Question: *What graces have you received through Mary's "maternal mediation?"*

Sunday, December 25 - **Merry Christmas!** [Final Podcast Release.](#)